

job demands and resources

Whom can you contact at the
Department of Psychology?

Please contact Coralia Sulea, PhD, Associate Professor
(coralia.sulea@e-uvv.ro).

Where can you find additional information?

Blog: <http://occupationalhealthpsychology.wordpress.com/>

Facebook: <https://www.facebook.com/ohptimisoara/>

This master's program teaches how to bring research into practice, and by means of various study projects and the dissertation you will learn how to design research studies and interventions. Professors and practitioners from our department and abroad will teach and present several perspectives, share their experience, and guide your understanding and practical work.

burnout
What types of courses will you be taking in this master's
program?

1st semester

Research Methods
Economic Psychology and Organizational Decisions
Cross-Cultural Organizational Psychology
Organizational Communication

2nd semester

Personnel selection and assessment
Organizational Behavior
Workplace Environmental Psychology
Consulting skills

3rd semester

Introduction to Occupational Health Psychology
Leadership and Strategic Thinking in Organizational Development
Work, Stress and Health
Training and Development

4th semester

Organizations and Employees Well-being: Theories and Interventions
Open Course (Current Approaches in OOHP)
Work-Family Conflict. A Systematic Approach
Organizational Development and Change



Master's program in
Organizational and
Occupational Health Psychology



UVV Universitatea de Vest
din Timișoara

Department of Psychology
Faculty of Sociology and Psychology
West University of Timișoara
Blvd. V. Parvan 4
Timișoara 300223
Timis, Romania
www.fsp.uvt.ro
www.psihologietm.ro

Short description

Master's Program
Duration of studies: 2 years, 120 credits
Starting date: October
Language of instruction: English

Master's program accredited by
ARACIS (Romanian Agency for Quality Assurance in Higher Education) and professionally recognized and approved by **CPR** (Romanian College of Psychologists)

Number of places available: 60

What makes the Organizational and Occupational Health Psychology Program „stand out“?

The program is organized according to national and international criteria, thus being a very good option for foreign and Romanian students. It is the only master's program in this field in Romania that is provided in English, making it an excellent opportunity for students to improve their English language skills and to develop practical skills for working as organizational consultants in multinational environments or for pursuing further studies abroad. The academic staff has a relevant background in research and practice in the field of organizational and occupational health psychology.

What is Occupational Health Psychology? (OHP)

OHP implies the contribution of the principles and practices of applied psychology to occupational health issues. OHP also represents an interdisciplinary partnership between psychology and occupational science professionals who aim at improving the quality of work life and at promoting the well-being of employees in all fields.

OHP research and practice aim at developing interventions on an individual and organizational level in order to create healthier organizations and employees, and to maximize work effectiveness and performance.

You can find out more about the OHP field here:
European Academy of Occupational Health Psychology (EA-OHP)
<http://eaohp.org/default.aspx>

The National Institute for Occupational Safety and Health (NIOSH)
<http://www.cdc.gov/niosh/>

What will this degree prepare you for?

On our MSc in Organizational and Occupational Health Psychology you will:

develop the theoretical background and understanding for helping organizations and employees to prevent stress and design interventions for promoting organizational health;

gain knowledge about organizational procedures and programs that enhance the well-being and effectiveness of employees;

learn how to collaborate as part of a team made of professionals with a variety of backgrounds, focusing on psychological issues;

develop research skills in this field.